

ADDICTION IS A FAMILY DISEASE. IT AFFECTS EVERYONE INVOLVED IN THE ADDICT'S LIFE. WHETHER YOU ARE A PARENT, SIBLING, SPOUSE OR A FRIEND, YOU ARE NOT ALONE. THERE IS HOPE!

# Nar-Anon



Nar-Anon is a twelve-step support group for families and friends of addicts. When you attend meetings regularly you will begin to recover by working the steps and hearing members share their experience, strength and hope.

**New Meeting Starting May 19, 2016!**

**Outer Cape Nar-Anon Group,**

**"within us and without us"**

**Eastham United Methodist Church Study**

**3200 State Highway 6, Eastham, MA.**

**Thursdays 6:15-7:30 PM**

For more information, please contact Gary F. at 508-896-8273

Nar-Anon Family Groups World Services Website: [www.nar-anon.org](http://www.nar-anon.org)